



Qavvivik is growing fast. It proves how necessary our organization is to the health and wellbeing of our southern Inuit community. It is our pleasure and honor to be able to offer these services.

Our Office

We are now settled in our new office in Verdun. Our team has been growing and we currently have 5 full-time staff working for Qavvivik!

We serve our southern Inuit community with dedication, respect and compassion. It truly is a wonderful workspace.

Website

Our website is live! You can go online to get an update on all our projects, and don't forget to sign up as a member! Visit our website at: www.qavvivik.ca

Recruitment Campaign

Our HR campaign is going strong. Since incorporating we have hired 4 Inuit staff to assist us in moving forward as a strong and dedicated team. We will be hiring more in the upcoming months. If you know anyone who is interested, please have them give us a call or send their resume to infoqavvivik@gmail.com

Greetings, Qavvivik friends!

Qavvivik Inuit Family and Community Health Centre is growing strong! We are a community-based non-profit organization dedicated to the health and well-being of Inuit in southern Quebec.

Our objective is to offer culturally safe services in Ilusiliriniq (Health), Inuusiliriniq (Social Services), and Qanuinnngisiarniq (Wellbeing) to all Inuit living in southern Quebec —services needed for our growing Inuit community.

Enjoy our newsletter and we look forward to meeting with all of you in the near future.

Children Christmas Craft Fair

On November 25, 2023 we will be hosting the first Children Christmas Craft Fair. We will have Christmas crafts for the kids to make and a gift for each of them. Santa will come visit us at Qavvivik! There will be food and refreshments for the parents as well. Please contact Alukie at alukie.qavvivik@gmail.com to register!



Qanuikkat Siqinirmiut?

The QS health survey is a participatory and community-based project that aims to describe the health and well-being of the Inuit living in southern Quebec. The goal of the project is to build a knowledge base on the health and wellbeing of our population to strengthen our capacity to respond to the needs of our community.

The administration of the survey will take place during fall-winter 2023/2024. We are hoping to interview as many community members as possible to generate a clear picture of the health needs of the Inuit living in Montreal. Makivik and Qavvivik are the designated knowledge Users of the data received from the survey.

Visit their website for more information about the project and the dates of the roll-out of the survey:

<https://qanuikkatsiqinirmiut.ca>



Ongoing Projects

- Our collaboration with the MUHC maternity ward (Glen site) to cook and deliver country food meals to new mothers is still ongoing and has proven to be successful.
- A postcard of Inuit Friendly resources for those in the South has been developed and is now being distributed through some community organizations. It will also be distributed to the airlines and different points of service in Montreal.
- We have secured an ongoing supply of country food. We are distributing portions to our community - contact us to ensure you are notified when it is distribution time. We also provide country food to other Indigenous organizations to ensure that we are reaching all our community.
- The Elder Support Network is growing and is greatly appreciated by our Elders. We currently deliver boxes, including country food and other essentials, to 25 Elders living in Montreal on a monthly basis. As part of this program, we have partnered with Inuulitsivik to visit and bring essentials to Inuit living in long-term care in the South. This has proven to be vital, since there are many Inuit living in care (approximately 50). We are slowly getting consent from family members to visit and bring essentials including cooked country food to all of them. We also offer assistance to our Elders living at home who need small jobs done around the house or to enroll in other social services such as Meals on Wheels or Home health care. We have had many hours of consultation with our Elders to ensure their needs are being met.
- We are meeting with several organizations to assess their needs and develop Training Modules for Inuit Awareness. We have submitted a funding proposal to launch a medical language program which will ensure that Inuktitut is available to patients seeking health services (appointments, prescriptions, pre/post care).
- Our Navigator Program has begun. We received funding to hire a Project Manager, a social worker and 3 Inuit Health Navigators. The objective of this program is to ensure that Inuit health and wellbeing needs are met by providing appropriate social, cultural and administrative support to navigate into the healthcare system in Montreal.
- We are regularly asked to sit on different committees. At the moment, we are involved in 4 committees and will continue to take on added responsibilities once our team grows. We are actively advocating for Inuit and will proudly continue to do so.